



AQUA FIT - Functional water

Functional water AQUA FIT is a unique product in the market of Bosnia and Herzegovina and the wider Region.

Aqua-fit is a dietary supplement based on quality spring water ennobled by LuraLean (1gr/0.5l) dietary fibre which is made in the process of purification and extraction from the roots of the plant *Amorphophallus konjac japonica*.

The plant is grown in controlled localities of Japan, and then the roots of the plants, in a special extracting and purifying procedure, by the Japanese protected technology, as a final product brings highly purified fibre Konjac Glucomannan as known on the market as LuraLean.

Patented in 37 countries around the world and its effects have been proven in over 100 clinical trials in Japan and across EU, USA, Russia and Canada, of which 14 specifically include very particular medical tests conducted in the world's most prestigious and well respected hospitals.

EFSA (European Food Safety Authority) has confirmed the effectiveness of LuraLean and approved it for use in the EU for human health improvement purposes.

Quality natural spring water, which is base of AQUA FIT , is supplied from spring "Stari Djedovac " on the mountain Konjuh near Kladanj, whose presence and known quality dates back in period when that part of Bosnia was under Ottoman empire.

The water itself is a multiple gold and silver medal award-winner for quality products in domestic and international trade fairs.

Special plumbing system brings the water into the bottling plant which is located some 100 meters from the spring itself.. With no interruptions, water passes through compulsory UV filters which leads it into the automated filling lane.

By consolidation of LuraLean and quality natural spring water in a special production method and strictly controlled conditions we are able to reach unique water - AQUA FIT which has specific beneficial health effects.

By releasing official review from Institute of pharmacology, clinical pharmacology and toxicology of the Faculty of Medicine from University of Sarajevo AQUA FIT is regarded as dietary supplement and it's beneficial health effects are confirmed.

Ministry of health of FBiH, based on extensive scientific and technical documentation, issued resolution no 03 - 37 -390 - 1/13 from 24.10.2013 which approves production and marketing of functional water AQUA FIT aiming body weight regulation as well as help in cholesterol and blood sugar levels control.

Advantages of functional water AQUA FIT

- ✓ Reduces body weight (on average of 1 to 2.4 kg for 4 weeks when taking 1 gr of LuraLean 1g per meal);
- ✓ Regulate digestion by removing excess fat and improving intestinal microflora;
- ✓ Reduces cholesterol, lowers triglycerides and blood sugar levels and reduces food's glycemic index GI (meaning - food is at slower pace turned into glucose);
- ✓ Helps in better bowel movements;
- ✓ Does not bind minerals and vitamins onto itself and leaves them in the body for further absorption;
- ✓ Helps detoxify the body;
- ✓ Improves general immunity.

What makes AQUA FIT functional water different to other dietary supplements?

- ✓ The unique product on the market in the region;
- ✓ Product is made on the basis of quality natural spring water;
- ✓ Suggested as a healthy product;
- ✓ Innovative;
- ✓ Competitive;
- ✓ Market availability;
- ✓ The best choice for health and beauty of one's body.

AQUA FIT is recommended as:

- a safe, natural and effective help in body weight regulation;
- help in maintaining healthy cholesterol levels;
- help in blood sugar regulation and reduction of GI;
- help in bowel movements and stool regulation as well as helping in colon diseases prevention;
- help in presents of haemorrhoidal problems;
- help in elimination causes and acne themselves (pimple);
- help in body detoxification process.

How to use: About 60 minutes before heavy meal, have at least 250 - 500ml of functional water AQUA FIT (from 500mg to 1000mg LuraLean).

The minimum daily intake is 1,000 mg of LuraLean (one bottle AQUA FIT-0.5l)

The recommended daily intake is 2000mg of LuraLean (two bottles AQUA FIT-1l)

The maximum daily intake is 4000mg of LuraLean (four bottles AQUA FIT-2l)

The effects are visible after daily use AQUA FIT for at least 4 weeks.

Store at 15-20 ° C, in a dark, dry place, out of reach of children.

1l AQUA FIT include:

Nutritional value of 100 g

LuraLean	2.00 g	Dietary Fibre	0.2 g	no alcohol
Natural spring water	997.55 g	Protein	0 g	gluten free
Citric acid	0.15 g	Carbohydrates	0 g	VEGAN
Potassium sorbate	0.30 g	Fat	0 g	

Energy value (100 g) 1.80 kJ / 0.45 kcal

AQUA FIT is a dietary supplement and could be purchased in pharmacies as well as on the shelves of health food stores along with other dietary and organic products.

